



## Healthy Communities Partnership Day Policy Direction Worksheet

Policy Direction: Phys Act- Sp & Rec - Francophone

Draft Policy Direction:

Create coordinated physical activity linked with healthy eating policies in LLG so all community members have access to physical activities.

Target: All residents of Lanark, Leeds and Grenville

Participants: children/youth, families, seniors, recreation/sport providers, community groups, school boards, coaches, coaches associations, sports leagues (organized) – inclusive - dance, martial arts, trail committees

Settings: municipalities, recreation facilities, schools, communities,

Activities:

Align with Canada's Guide to Healthy Living.

Work with organized sport to build healthy eating into sport program

Work with municipalities on policies for trail development – create tool kits

Create local groups to coordinate their policies re access, activities etc. so multiple opportunities exist for all

After reviewing the draft policy direction, what would this group add?
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Policy:

Target:

Participants: Adults that are not in facilities – so individuals – as the policy says “So ALL Community Members...

Setting: Residences for seniors, again if for “all, should be anywhere – in Municipalities the government level or “catchment areas”

Activities: Pro-activity (active service offer) Open the francophone schools for physical activity & healthy eating to the francophone community.

- Already has ideas, programming etc. as they already open the schools by demand, but could be more openly available.

- Bring down barriers from schools (e.g. School Board, e.g. Ottawa oriented board to open schools in francophone community.

- Build resource centre particularly physical activity / healthy eating in French.

## Action to Advance the Policy Direction

What actions could you do in your organization/workplace or sphere of influence?	What actions could you take in your network?	What actions could be taken to advance the policy direction in the community?
<ul style="list-style-type: none"> <li>-Meet with the 3 Francophone school principals</li> <li>- Present the idea?</li> <li>-See what are the barriers, facilitators</li> <li>- Develop physical activity and healthy eating activities/ programming</li> <li>- Identify existing resources (...financial)</li> <li>- needed resources</li> <li>- Meet with Ottawa School Board if needed to move towards a policy that opens up more easily towards schools for this priority.</li> </ul>	<p>French Language Health Services to network with support/help francophone community members with this plan.</p>	<p>Consultation session with francophone community that is coming will discuss this issue / idea.</p>

## Supports to Advance the Policy Direction

How can we support each other in advancing this policy direction?	What supports would we need from the Health Communities Partnership? (Examples: assessment, training, resources, evaluation)
<ul style="list-style-type: none"> <li>- Maybe meet with the francophone section of the Ministry of Education &amp; Health &amp; Municipal, other.</li> <li>- How to address and put down the barriers to open schools for Francophone as it is identified as the francophone "Hub" natural place to be / meet for this community (no other place).</li> </ul>	<ul style="list-style-type: none"> <li>- Research in what's been done before or elsewhere with this issue. (ex. liability insurance issue could be a barrier), financial arrangements etc!)</li> </ul>

## Additional Comments